



Nutrition Information Package

Healthcare 2 You - Nutrition

Who Are We?

At Healthcare 2 You - Nutrition we are genuinely dedicated to improving the quality of life for residents by optimising their health through well balanced, health eating. In partnership with your facilities, we strive to achieve the desired best result for our patients.

Our dietitians are all highly recognised professionals having attained Accredited Practising Dietitian (APD) status. This gives you the confidence that our nutrition experts are continuously undertaking professional development and complying with the APD's guidelines for best practice in providing high quality care.



Benefits of Our Nutrition Services:

- ✓ Healthcare 2 You – Nutrition services are charged at a highly competitive, flat hourly rate of \$85 per hour
- ✓ DVA registered so entitled residents are fully covered
- ✓ Healthcare 2 You Dietitians aim to become part of your facility team, accommodating both residents and staff to help create a pleasant experience for all involved
- ✓ Staff and residents' education sessions on a wide range of topics such as Wound Healing, Diabetes Management and Textured Modified Diets, just to name a few.
- ✓ Consultations at facilities can be on a 'needs basis' where we only visit your facility when requested. If you prefer, our friendly Nutrition team can set up permanent dates at your request.
- ✓ Dietitians provide comprehensive initial nutrition assessments and develop individual care plans and handover summaries detailing the residents' specific needs.
- ✓ 'Customer Care' phone support.
- ✓ NO legally binding contract.
- ✓ We are solely dedicated to your organisation. We only service the residential Aged Care sector so our team are fully invested

Additional Nutrition Services on Offer

Healthcare 2 You – Nutrition services can also be expanded to manage the overall nutritional requirements of your facilities in the following areas:

- ✓ Undertaking of menu assessments and providing support in the development of nutritionally balanced and enjoyable menus in accordance with national guidelines and best practice.
- ✓ Recipe development, review and standardisation.
- ✓ Development of guidelines, information sheets and relevant nutritional resources for staff and carers.
- ✓ Development and documentation of nutrition policies, protocols and outcome measures for nutrition and food service
- ✓ Attendance at catering meetings
- ✓ Review of texture modified diets and thickened fluids



Continuity of Care for Residents

At **Healthcare 2 You**, we are dedicated to improving the quality of life for residents by keeping them active, mobile and healthy through healthcare solutions.

We ensure continuity of care by providing your facility with the same Dietitian, on an on-going basis with the intent of becoming an integral part of your team. If for any reason your regular Dietitian is unable to attend, our documentation, communication and handover systems ensure that the same care is continued with one of our other expert Dietitians. Our continuity of care not only provides stability for your residents but will relieve the administrative burden and often heavy workload undertaken by facility staff.



Frequently Asked Questions



Healthcare 2 You

Do any signed Agreements need to be in place in order for Healthcare 2 You to provide a healthcare service?

NO contracts and NO cancellation fees – only Service Agreements to meet your accreditation needs. In this way, the pressure is on the visiting teams to continue to deliver a superior service.

Does Healthcare 2 You comply with statutory requirements?

All relevant documentation is provided including Police Compliance Checks and Certification of Currency.

Can a family member, carer or loved one be in attendance at a Healthcare 2 You visit?

We welcome loved ones/carers to sit in on the eye examination to witness the clinical skills of our professional staff and be promptly informed of the consultation findings.

How do families/carers know when an upcoming visit is scheduled?

Advanced communication of upcoming sessions supported by flyers for your community noticeboards to advise residents, relatives and staff of our pending visit. Twelve month patient review notification system – so facility management doesn't need to keep track. Healthcare 2 You takes care of this.

How can I enquire further or book a visit?

All you need to do is contact us on **1300 882 374** and we can answer any queries and/or book a visit if you would like us to attend.



We are dedicated to improving the quality of life for residents by keeping them active, mobile, healthy and happy.

Our Dietitians work within a team environment, pooling resources on the latest evidence based best practise guidelines, ensuring your facility remains at the forefront of food and nutrition issues. Healthcare 2 You - Nutrition is solely committed to serving your facility's needs with a team of dedicated customer services representatives.

If you are thinking that our Healthcare 2 You - Nutrition service could benefit your facility or you simply wish to enquire further, why not call Healthcare 2 You on **1300 882 374** and we will be happy to discuss any queries.